The Welcome

The Opening Hymn
*Praise, My Soul, the King of Heaven*

Praise, my soul, the King of heaven;
to his feet your tribute bring.
Ransomed, healed, restored, forgiven,
evermore his praises sing.
Alleluia! Alleluia! Praise the everlasting King!

Angels help us to adore him,
who behold him face to face.
Sun and moon bow down before him;
all who dwell in time and space.
Alleluia! Alleluia! Praise with us the God of grace.

The Invocation

We gather as we live, supported by God’s love, confident of
God’s grace, and emissaries of God’s peace, for we are
baptized in the Name of the Father, and of the +Son, and of
the Holy Spirit.
The Confession and Absolution

**Pastor:** Let us pray: Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

St. John writes, “If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sin, God who is faithful and just will forgive our sin and cleanse us from all unrighteousness.” And so we gather to confess our sin, not because we believe God thinks us unworthy, but because, out of love, God has promised always to receive us in mercy and grace.

**Congregation:** Most merciful God, we confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen

**Pastor:** And now hear these words of promise and consolation: Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. To those who believe, he gives the power to become children of God. All this is promised in the name of the Father, and of the + Son, and of the Holy Spirit. Amen.
The Prayers of the Day
The pastor will close each of the prayers with the words “Lord, in your mercy,” and you are invited to respond, “Hear our prayer.”

The Hymn of the Day
Children of the Heavenly Father
Children of the heav’nly Father safely in his bosom gather; nestling bird nor star in heaven such a refuge e’er was given.

Neither life nor death shall ever from the Lord his children sever; unto them his grace he showeth, and their sorrows all he knoweth.

The Reading - Matthew 6:25-34; 7:1-5, 12
“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. So do not worry about tomorrow, for tomorrow will bring worries of its own. Today’s trouble is enough for today.”
“Do not judge, so that you may not be judged. For with the judgment you make you will be judged, and the measure you give will be the measure you get. Why do you see the speck in your neighbor’s eye, but do not notice the log in your own eye? Or how can you say to your neighbor, ‘Let me take the speck out of your eye,’ while the log is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your neighbor’s eye. In everything do to others as you would have them do to you; for this is the law and the prophets.”

**The Apostles’ Creed**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**The Offertory Anthem**

*Seek Ye First*

Karen Lafferty

Cathedral Choir
The Sermon

The Sermon on the Mount - The Golden Rule
Pastor Kalland

The Closing Hymn

Lord, Whose Love in Humble Service
Called by worship to your service,
forth in your dear name we go,
to the child, the youth, the aged,
love in living deeds to show;
hope and health, good will and comfort,
counsel, aid and peace we give,
that your servants, Lord, in freedom
may your mercy know and live.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy
kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us; and lead us not
into temptation, but deliver us from evil. For thine is the
kingdom, and the power, and the glory, forever and ever.
Amen.

The Benediction

The Sending Prayer

Lord God, you have called Your servants to ventures of which
we cannot see the ending, by paths untrodden, through perils
unknown. Give us faith to go out with good courage, not
knowing where we go, but only that your hand is leading us and
your love supporting us; through Jesus Christ our Lord. Amen.
The Postlude

*Finale Jubilate*
Healey Willan

**Pastors**
David J. Lose, Senior Pastor
Kurt P. Kalland, Monica M. Hammersten,
William B. MacLean, Charlie R. Ruud,
Mark J. Dixon, Rebecca C. Freeman

Director of Worship and Music, Beverly Claflin
Principal Organist, Richard Owen